



WILDERNESS



The Sunbird Project

Connecting plants, birds and people

Wilderness Touring is proud to support the Ingcungcu Sunbird Restoration initiative – a small Western Cape-based project having a great impact through the planting of indigenous gardens. These stepping-stone fynbos gardens, placed in school grounds located in disadvantaged areas of the Cape Flats, connect fragmented fynbos habitat, birds and people. Built and maintained by local school children, and backed by a nature-based curriculum taught by Children in the Wilderness Eco-Clubs, these gardens provide a home for sunbirds, a place where local vegetation can thrive, and learning spaces for youth and their communities.

ABOUT INGCUNGU SUNBIRD RESTORATION

Ingcungcu is the Xhosa word for sunbird. And the sunbird stepping-stone gardens create a safe haven for sunbirds across the densely urbanised Cape Flats, reconnecting the Peninsula's southern Table Mountain

range to the Helderberg Mountains around Stellenbosch. The plantings of these locally sourced fynbos species provide habitat for urban wildlife, and link fragments of Critically Endangered lowland fynbos.

Not only do the stepping-stone gardens connect birds to plants, but arguably most importantly, they connect learners to nature. The creation of these gardens provides hands-on learning experiences for youth that encourage creative exploration, support skills development and foster connection to, and care for nature.

The project is small, but the impact is already evident, and the dream is big.

ABOUT CHILDREN IN THE WILDERNESS

Children in the Wilderness is the dedicated youth empowerment arm of the Wilderness Trust, and the flagship Impact programme within Wilderness' Educate pillar.



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INGCUNGU SUNBIRD RESTORATION



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